

September  
2012

Number 28

Dates to  
Remember!!  
!

Thanksgiving  
weekend  
**NO classes**  
Sat. Oct 6th.

**Colour Belt Test**  
Sat Oct 20th.

**Halloween Party**  
Tues Oct 30th.

Master Fu will be  
hosting a  
tournament in  
Nov  
"Watch for details  
in class".



# Newsletter

## The Three Kingdoms

by Shane Mason



After the fall of Joseon, a new age came to Korea. This age was called the Three Kingdoms period, however, there were actually four separate kingdoms. This period is called the "Three Kingdoms period" because one of the kingdoms was actually a confederacy called the Kaya confederacy. A confederacy is a country or kingdom that is made up of states. The other three kingdoms were: Silla, Baekje and Goguryeo. These are the ones that Master Sparks refers to in class.

Silla, which was originally called Saro, was the first of the three to be founded by the mythical king Hyokkose in 57 BC. Silla occupied the southeast coast of the Korean peninsula and eventually took over the other kingdoms to create the Silla



Goguryeo to retaliate against the Chinese. The nineteenth king of Goguryeo, named Gwangae Toh-wang (which means Gwangae the great), came to the throne in 391 AD. From his rise to the throne in 391 until his untimely death in 413 AD, Gwangae took back all the territory that was lost and taken by China after the fall of Joseon. This included taking a portion of Baekje in 396 AD.

Baekje was the last of the official kingdoms to be founded in 18 BC by king Onjo, who was the third son of Chu-mong. Baekje was the center of trade for much of northeast Asia. This was due to its good shipping routes and excellent trade relations with Japan and China.

In 42 AD, the last "kingdom" to be founded was the Kaya confederacy, and the mythological founder was named Sooro. The confederacy was

made up of six states: Geumgwan-Gaya, Daegaya, Seongsan-Gaya, Ara-Gaya, Goryeong-Gaya, and Sogaya.

Sooro was originally king of only Geumgwan-Gaya but eventually unified all the other states to form the Kaya (or Gaya) confederacy. This

confederacy thought itself to be safe from attack because of its position in between Baekje and Silla. This was true until both Baekje and Silla started attacking it. These attacks lasted until 562 AD, when Kaya finally fell to the Silla kingdom. Kaya's fall was the first step in Silla's quest for the domination and unification of Korea.

# The Grandmaster Park World Cup



Sparks Taekwon Do was well represented at the Grandmaster Park 10<sup>th</sup> Anniversary World Cup competition held in Toronto from 23-

29 July. Competitors were from Canada, the US, South Africa, Russia, Turkish Cyprus and other countries.

The beginning of the event consisted of intensive seminars under the supervision of 8<sup>th</sup> Dan Master Xuan Ha who is the technical chairman of the GTF. For about 8 hours each of two days, Master Ha put us through exacting exercises and provided much intricate detail on basic and advanced techniques. There was a lot to take in and remember! Stay tuned for new information in class! We also did well in competition.

- Kiyosinim Dopler  
4<sup>th</sup> in Patterns
- Kiyosinim Weston  
3<sup>rd</sup> in Patterns  
3<sup>rd</sup> in Sparring
- Kiyosinim Mason  
4<sup>th</sup> in Patterns  
3<sup>rd</sup> in Sparring
- Carolyn Weston  
2<sup>nd</sup> in Patterns  
2<sup>nd</sup> in Sparring
- Hannah Weston  
2<sup>nd</sup> in Patterns
- Calem Weston  
2<sup>nd</sup> in Patterns  
1<sup>st</sup> in Sparring
- Mike Holy  
2<sup>nd</sup> in Patterns  
3<sup>rd</sup> in Sparring

## Bring a friend or family member to class in Sept & Oct!

## Bring a friend or family member to class in Sept & Oct!



If they join before Oct. 20th your name will go into a draw for prizes including: membership extension, free sparring gear, gift certificates and more!



Tuesday Evening		Thursday Evening	
6:15 PM	Little Dragons - Children 7 and under	Little Dragons - Children 7 and under	
7:00 PM	Juniors - 8 -12 White to Green Belt	Juniors - 8-12 White belt to Green Belt	
7:45 PM	Intermediate - 8-12 Blue Belt and up	Intermediate - 8-12 Blue Belt and up	
8:30 PM	Senior - Ages 13 to Adult - All Levels	Senior - Ages 13 to Adult - All Levels	
Saturday Morning Schedule			
9:00 AM		LITTLE DRAGONS - Children 7 and under	
9:30 AM		PATTERNS CLASS - White Belt to Green Belt - All Ages	
10:15 AM		SPARRING SKILLS CLASS - Children 12 and under	
11:00 AM		PATTERNS CLASS - Blue Stripe to Black Belt - All Ages	
11:45 AM		SPARRING SKILLS CLASS - Ages 13 to Adult	

Little Dragons will not be permitted in later classes on Saturday Mornings. You MUST attend the classes appropriate to your Belt level and age.